



RMHS HOCKEY TOUR

FINLAND / JULY 31-AUGUST 9, 2021

The RMHS Selects will be traveling to Helsinki, Finland to participate in a 5-day European Training Camp, featuring 2.5 hours on-ice per day with Professional coaches, followed by the 3-day Finland Lions Cup, featuring Junior teams from Europe & North America. Age groups: boys 2006-2008, Girls 2004-2009.

European Training Camp - July 31-August 5, 2021:

The ETC is a 6-day elite, European-style training camp from Saturday, July 31 - Thursday, August 5 that will take place in the Vierumaki Olympic Training Center (home of the Finish Olympic Hockey Team). The team will participate in two (2) on-ice sessions each day along with off-ice dryland training session. All on-ice training sessions will be run by the RMHS Selects Coaching staff.

On August 4th the players have possibility to try the different activities that Vierumäki offers: Flow Park, Paintball etc..

Finland Lions Cup - August 6-8, 2021:

Finland Lions Cup will take place in rinks in and around Helsinki and will feature teams from Europe & North America. Beginning on Friday, the tournament will feature round-robin stye games on Friday and Saturday, commencing with a playoffs and Awards Ceremony on Sunday. Tournament website can be found here: www.lionscup.fi



RMHS HOCKEY TOUR

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Day 1 / Friday / July 30

Depart to Europe

Day 2 / Saturday / July 31

Arrival in Helsinki

Meet your tour escort & bus driver

Check-in to **Vierumäki Olympic Training Centre**

Players & Parents: Dinner included

Info session with your tour escort

Free evening to relax

Day 3 / Sunday / August 1

Breakfast included

On-ice Practice

Players: Lunch included

Off-ice Practice

On-ice Practice

Players: Dinner included

Swimming, saunas etc

Day 4 / Monday / August 2

Breakfast included

On-ice Practice

Players: Lunch included

Off-ice Practice

On-ice Practice

Players: Dinner included

Swimming, saunas etc

Day 5 / Tuesday / August 3

Breakfast included

On-ice Practice

Players: Lunch included

Exhibition game vs Finnish team

Players: Dinner included

Parents etc: Optional day trip to Old Porvoo

Day 6 / Wednesday / August 4

Breakfast included

Activity Day: Flowpark, Paintball etc (extra fee)

Players: Lunch & Dinner included

Parents etc: Optional day trip to city of Lahti



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Day 7 / Thursday / Aug 5

Breakfast included

On-ice Practice

Players: Lunch included

Bus to **Helsinki, Finland**

Helsinki Sightseeing by bus

Check-in to **Scandic Grand Marina Helsinki ******

Free evening, players & parents: dinner on own

Optional: Finnish Pro League Game?

Day 7 / Friday / Aug 6

Breakfast included

Optional: **Suomenlinna Fortress Island**

Free time @ downtown Helsinki

Players: Lunch included

Finland Lions Cup, Opening Ceremony

Finland Lions Cup, Game # 1

Finland Lions Cup, Game # 2

Players: Dinner included

Day 8 / Saturday / Aug 7

Breakfast included

Finland Lions Cup, Game # 3

Players: Lunch included

Finland Lions Cup, Game # 4

Free evening

Players & parents dinner on own @ **Lappi Restaurant**

Day 9 / Sunday / Aug 8

Breakfast included

Finland Lions Cup, Playoffs

Players: Lunch included

Finland Lions Cup, Finals

Finland Lions Cup, Award Ceremony

Players & Parents: Dinner included

Finnish Sauna & swimming in lake

Day 10 / Monday / Aug 9

Breakfast included

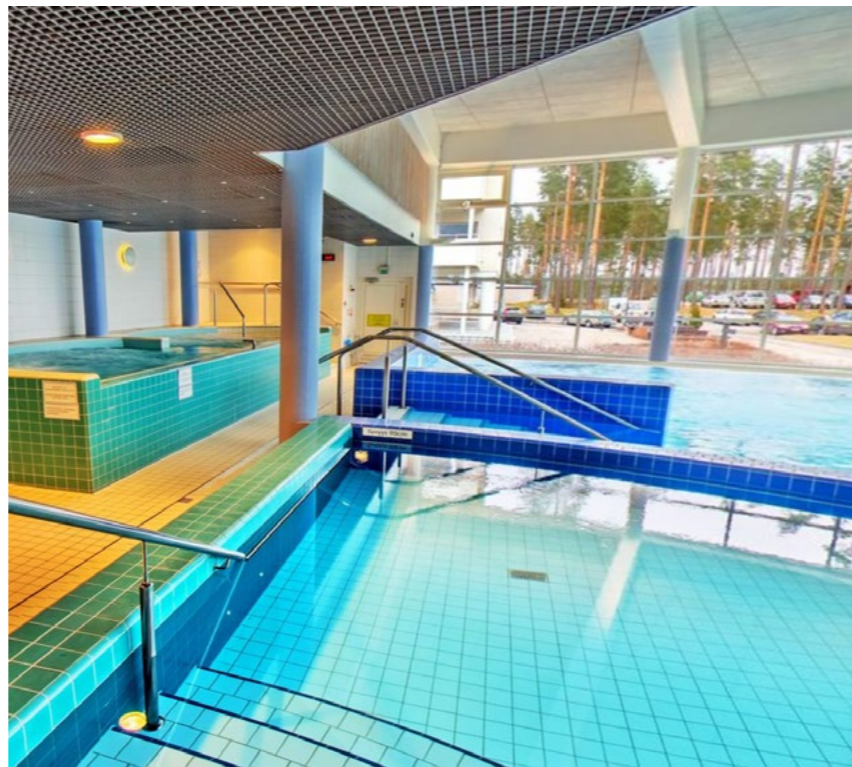
Bus to Helsinki Airport, return flight

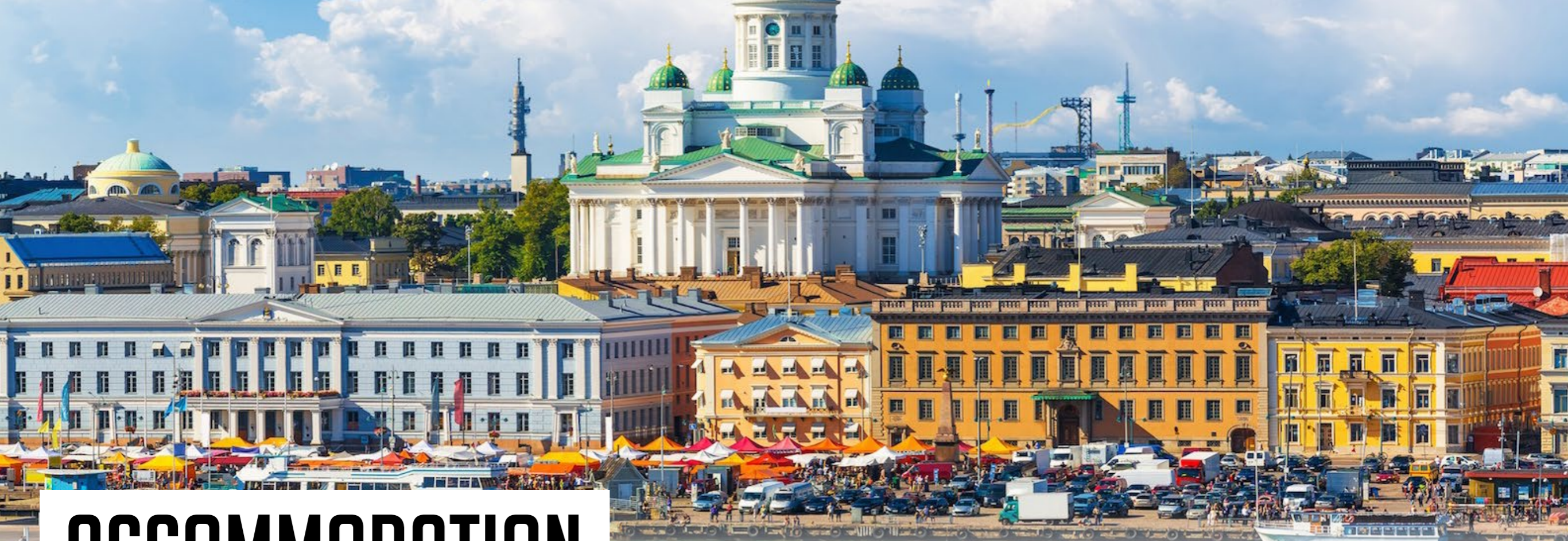
ACCOMMODATION

Vierumäki Olympic Training Centre / [Website](#)

Set amidst beautiful lake scenery, Vierumäki is surrounded by 10,000 hectares of wilderness. Its location relatively close to Helsinki metropolis and next to the renown sport city of Lahti is optimal.

Vierumäki is the official training centre for Finnish Olympic Team & Finnish Ice Hockey Federation and it offers numerous sports & leisure services from olympic size rinks to fully equipped gym and from golf course to various restaurants. Free wifi.





ACCOMMODATION

Hotel Scandic Grand Marina ★★★★★ / [Website](#)

4-star Hotel Scandic Grand Marina has a nice seaside location just 5min walk from Helsinki city center in an old ware house building at lovely Katajanokka area.

The hotel makes a perfect base for exploring Helsinki attractions, spend time shopping or just strolling around the city. Enjoy a work-out in the gym and visit the sauna after a long day to wind down. Free wifi.





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FINLAND LIONS CUP

Europe's premier youth tournament gets together teams from Europe & North America. www.lionscup.fi

TESTIMONIALS FROM PREVIOUS TOURS

"Thanks for everything you did both in preparation and performance in this trip. It was obvious that, to you, the boys came first in all aspects of the trip. Thanks again for all your hard work and giving of you time to make this a trip to remember. I hope that when Connor in my age, he will be telling his grandchildren about his hockey trip to Finland."

H. Michael Anderson - Hebron Academy, USA

"The trip was awesome! Everything about it was well organized and well done! The food and accommodations were very good. The sightseeing and the KHL game were great! The Vierumaki Center was absolutely amazing!! Hats off to all of you for putting together an experience that will stay with us forever! Thank you all!!!!" **Dave, Mary & Josh Greune - Team Carolina, USA**

TOUR PACKAGE INCLUDES

- All bus transfers by first class buses
- Multilingual tour escort
- 9 night accommodation in 4 star hotels
- Meals as marked in the itinerary
- Sightseeing tours
- Exhibition games
- On & off-ice practices
- Finland Lions Cup, min 5 games per team
- All taxes

TOUR PACKAGE PRICE

Players:	\$2595.00
Family Member (single occupancy):	\$2395.00
Family Member (double occupancy):	\$2095.00
Family Member (triple occupancy):	\$1895.00

EXTRAS

- Flights from North America
- Extra meals
- Extra activities (Flowpark, Paintball, pro game etc)

