



USJDP Hockey Tour

The USJDP Selects will be traveling to Helsinki, Finland to participate in a 5-day European Training Camp, featuring 2.5 hours on-ice per day with Professional coaches, followed by the 3-day Finland Lions Cup, featuring Junior teams from Europe & North America.

European Training Camp

The ETC is a 6-day elite, European-style training camp from Saturday to Thursday that will take place in the Vierumaki Olympic Training Center (home of the Finnish Olympic Hockey Team). Team will participate on-ice sessions each day along with off-ice dryland training sessions.

All on-ice training sessions will be run by the USJDP Selects Coaching staff. On August 3rd the players have possibility to try the different activities that Vierumäki offers: Flow Park, Paintball etc..

Lions Cup

Finland Lions Cup will take place in rinks in and around Helsinki and will feature teams from Europe & North America. Beginning on Friday, the tournament will feature round-robin style games on Friday and Saturday, commencing with a playoffs and Awards Ceremony on Sunday. www.lionscup.fi



"I just wanted to thank you for the opportunity to be part of the USJDP team, we really enjoyed going to Finland and experiencing the culture. Once again thank you for this amazing opportunity!"

👤 **Krista Kujanpaa - Timmins, Ontario**



Sample Itinerary

Day 1 / Friday / July 28

Depart to Europe

Day 2 / Saturday / July 29

Arrival in Helsinki Airport
Meet your tour escort & bus driver
Check-in to Vierumäki Olympic Centre
Players & Parents: Dinner included
Info session with your tour escort

Day 3 / Sunday / July 30

Breakfast included
2 x On-ice Practice, 1 x Off-ice
Players: Lunch & dinner included
Swimming, Finnish sauna etc

Day 4 / Monday / July 31

Breakfast included
2 x On-ice, 1 x Off-ice
Players: Lunch & dinner included
Parents: Day trip to Old Porvoo (extra fee)
Swimming, Finnish sauna etc

Day 5 / Tuesday / August 1

Breakfast included
1 x On-ice, 1 x Off-ice
Players: Lunch & dinner included
Exhibition game vs Finnish team

Day 6 / Wednesday / August 2

Breakfast included
Activity Day: Paintball etc (extra fee)
Players: Lunch & Dinner included
Parents: Day trip to city of Lahti (extra fee)

Day 7 / Thursday / August 3

Breakfast included
1 x On-ice, 1 x Off-ice
Players: Lunch included
Helsinki Sightseeing Tour
Free evening, dinner on own

Day 8 / Friday / August 4

Breakfast included
Finland Lions Cup, Games #1-2
Players: Lunch & Dinner included

Day 9 / Saturday / August 5

Breakfast included
Finland Lions Cup, Games #3-4
Players: Lunch & Dinner included

Day 10 / Sunday / August 6

Breakfast included
Finland Lions Cup, Playoffs
Players & parents: Lunch included
Finnish sauna & swimming
Free evening, dinner on own

Day 11 / Monday / August 7

Breakfast included, return flight



Hotels

5 nights / Vierumäki Olympic Training Centre

Set amidst beautiful lake scenery, Vierumäki is surrounded by 10,000 hectares of wilderness. Its location relatively close to Helsinki metropolis and next to the renowned sport city of Lahti is optimal.

Vierumäki is the official training centre for Finnish Olympic Team & Finnish Ice Hockey Federation and it offers numerous sports & leisure services from olympic size rinks to spa & fully equipped gym, and from golf courses to various restaurants.



4 nights / Hotel Scandic Grand Marina

4 star Hotel Scandic Grand Marina has a nice seaside location just 5min walk from Helsinki city center in an old warehouse building at lovely Katajanokka area. The hotel makes a perfect base for exploring Helsinki sights, shopping streets and attractions .





Tour package & Pricing

Tour Package Includes

- ✓ All bus transfers by first class buses
- ✓ Multilingual tour escort
- ✓ 9 night hotel accommodation
- ✓ Meals as marked on the itinerary
- ✓ Helsinki Sightseeing
- ✓ On & Off-Ice Practices
- ✓ 1 x Exhibition game
- ✓ Finland Lions Cup, min 5 games/ team
- ✓ All taxes

Tour Package Price

Player: \$2795.00

Family Member (single occupancy): \$2495.00

Family Member (double occupancy): \$2150.00

Family Member (triple occupancy): \$1950.00

Not included

- ✓ Flights
- ✓ Travel insurance

Extra services

- ✓ Extra hotel nights
- ✓ Extra meals
- ✓ Extra excursions

Meals

Players & coaches:

Daily buffet breakfast

Dinner July 29

Lunch & Dinner July 30-Aug 2

Lunch Aug 3

Lunch & Dinner Aug 4-5

Lunch Aug 6

Parents:

Daily buffet breakfast

Dinner July 29

Lunch Aug 6