

Participant Packet

June 25th - July 1st

Howelsen Ice Arena Steamboat Springs, CO

Presented By:





RMHS Contact Info:

Bryan Smith RMHS Director Bryan.Smith@RMHShockey.com 970.389.7211

GENERAL CAMP INFO

Rink:

All on-ice camp activities will take place at the Howelsen Ice Arena, located a 285 Howelsen Ice Arena Steamboat Springs CO 80487, and the website is HERE.

Dorms:

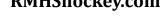
Directions to Hill Hall from Howelsen Ice Arena:

- Take a left on Howelsen Pkwy out of the Ice Arena 1.
- 2. Turn Right on 5th Street
- Turn Left on Lincoln Ave 3.
- Turn Right on on 12th Street 4.
- Turn Left on Bob Adams Drive 5.
- Follow the road around and stay to the right 6.
- 7. Hill Hall will be up on the Hill to the right!

Colorado Mountain College

Hill Hall

1400 Bob Adams Drive Steamboat Springs, CO 80487













Camp Format:

All RMHS Selects Camp participants are evaluated during the Sunday night evaluation skate and placed into groups based on their age and ability to ensure proper competition and development levels within the groups. Each group will comprise two teams, and preliminary groupings will be posted on Sunday after the second evaluation skate. We will also email everyone with the tentative rosters so the players are ready for their schedule on Monday morning before the day's first on-ice session. These teams will practice with each other during every activity throughout the week and compete against each other during the three weekly Showcase Games.

PLEASE NOTE: These groups ARE NOT FINAL, and all players are subject to movement within the groups based on their on-ice performance at ANY TIME throughout the week. In fact, many players get moved from group to group as the Sunday afternoon evaluations are based on a 60-minute performance and are, therefore, very preliminary. However, this is a necessary precaution to ensure the physical safety of each player in camp.

PLEASE NOTE: BODY CONTACT WILL BE ALLOWED AT THE EVALUATION SKATE IN BOTH GROUPS. THE KEYWORD IS BODY CONTACT. THE STAFF WILL WORK ON PROPER BODY CONTACTING AND CHECKING IN BOTH GROUPS TO MAKE SURE THE PLAYERS ARE USING THIS PART OF THE GAME THE RIGHT WAY.

Daily Camp Schedules:

The daily camp schedule, along with any other relevant forms and info docs, will be posted "RMHS Selects" page on our website, which can be found HERE.

Health Form:

All health forms are now completed on our Active Registration system. If you have any updates with allergies or emergency contact information, please update your account **HERE**

Expected Code Of Conduct:

This week is designed to be high-intensity to train players to compete at the AA and AAA levels. RMHS coaches are here to develop and train the players, not babysit them. It is expected and understood that the players registered for this program are serious about their hockey and doing whatever it takes to advance their careers.

If, for any reason, we feel a player is a detriment to themselves, other campers, or the integrity of the camp in any way, the camper may be expelled from the camp and will not receive a refund/









Resident Camper Information

Airport Pick-Up & Drop-Off:

There is a \$45 one-way, or \$75 round-trip, airport shuttle fee for each player needing to arrange transportation through the RMHS to or from the airport. All transportation requests must be in RMHS offices 2 weeks before arrival. To arrange an airport pick-up and/or drop-off, please send complete flight information, including airline, arrival time, flight numbers, departure city of the final leg of the flight, and your sons' cell phone number to RMHS Director Bryan Smith. As non-travelers are not allowed out to the gates to greet new arrivals, players must proceed to the main terminal, where an RMHS staff member in an RMHS shirt will meet them at their assigned baggage claim. RMHS Staff will then escort players to the awaiting shuttle.

Payment for this service must be made before arrival at camp. Please send a check made out to Bryan Smith for this service to our offices at the address listed above.

A note to our International Campers: Please send a cashier's check or money order in US Dollars for these costs.

Arrival Times

On the day of your arrival, please arrive at Denver International Airport (DIA) by 11:00 am on June 25th. This is important as it allows us sufficient time to get the players to Steamboat Springs, check into their rooms, and get ready for their evaluation skate.

Also, please note that the Player Shuttle Van departs DIA at 12:00 pm as discussed above, so arranging flights as close as possible to avoid unnecessary waits at DIA is advised.

Departure Times

Departure times on July 2nd, your final day of camp, should be AFTER 5:00 pm. This will allow each player to participate in the morning game, shower, get checked out of their dorm rooms, and go to the airport by 2 pm, allowing for an hour of check-in time at DIA.









Dorm Check-In: Residence Halls

All Resident campers will be housed in **Hill Hall at Colorado Mountain College.** Please click here for the Colorado Mountain College interactive Campus Map for detailed instructions on finding the residence halls. **CMC Interactive Map**

Resident Camper Check-In Times

Sunday, July 10th, check-in times for all resident campers is **4:000 pm** at **Colorado Mountain College.** Campers will receive room assignments and keys at check-in (cell phones work inside dorm rooms). CMC will charge a fee of \$95 for all lost keys. These fees will be the responsibility of the individual campers. After checking in, all resident campers will have their evaluation skate at the designated times.

Hill Hall Features:

- 1. 24/7 staff
- 2. First-floor TV lounge with a big-screen TV, pool table, and other games
- 3. Full Bathrooms in each room
- 4. Washer/dryers
- 5. Community Room
- 6. Community Refrigerator
- 7. High-speed internet in all rooms
- 8. Newly renovated cafeteria
- 9. Newly renovated rooms

Resident Camper Sunday Schedule:

Sunday Check-In and Evaluation Skates

Resident Camper Check-in - 2pm (check in at Howelsen Ice Arena)

Check-in at CMC Hill Hall 4:00

Meet the Staff for Parents and Players - 3:30pm

Group #1 Eval Skate - 6:00-7:00pm

Group #2 Eval Skate - 7:15-8:15pm

Dinner - 5:00pm - Resident Campers Only

Emergency Contact Numbers: 24/7 contact numbers for RMHS Selects Staff Bryan Smith, 970.389.7211. If the phone is unanswered, please leave a message, and we will return your call as soon as possible. You can also send a text message to the phone number listed above.

Staff Supervision:

Camp participants will be supervised 24/7 by RMHS coaches and staff. This includes all rink activities, meals, transportation, housing, and weekend activities, both optional and scheduled.









What to bring:

Each dorm room has a twin XL bed, desk, chair, microwave, mini-fridge, and bookshelf. The athletes are responsible for bringing their own bedding. We recommend a sheet, sleeping bag, and pillow.

You will also need personal items such as toiletries, sunglasses, sunscreen, shorts, athletic shoes, many t-shirts and socks, and all hockey gear, including tape, extra socks, sticks, and other hockey equipment. The rink will have skate sharpening available daily. The weather this time of year ranges anywhere from 95 degrees during the day to 60 degrees at night.

Stock up on healthy snacks and drinks! RMHS highly recommends entirely using the mini-fridge and microwave in each room. Plan out your week and stay hydrated and adequately fueled.

Valuables:

It is not recommended that players bring anything of significant value with them to camp, i.e. laptops, video games, iPods, cameras, etc. First, there is no downtime for them to be used. Second, all meals are covered daily, and they only need a little cash. And third, there are no safes in the rooms. Each player is issued a room key to keep their room locked at all times, but accidents happen. RMHS is not responsible for any lost valuables.

Spending Money:

As outlined above, all meals are covered throughout the week, but it is recommended to send them with a bit of cash for drinks, snacks, laundry, and pizzas, a player favorite! Hill Hall has vending machines for quick snacks, water, and other items.

Skate Sharpening:

Sharpening will cost \$11.00. Make sure you come to camp with your skates ready to go! The rink staff at Howelsen Ice Arena will have sharpening available daily.

Laundry:

Coin-operated laundry facilities are available in Hill Hall. Washers are \$1.25 a load, and the dryers are \$1.00 per load and take only quarters. All campers must bring their own detergent and dryer sheets if planning to do laundry.









Resident Camper Policies & Rules:

- 1. No alcohol, smoking, or female visitors are allowed anytime.
- 2. Food, soda, and snacks are allowed in the dorms, as all dorm rooms have a mini-fridge.
- 3. Any damage to rooms will be the responsibility of the assigned campers.
- 4. Players may leave the rink and return to the dorms only with approval from RMHS Staff.
- 5. Players will rise at the morning wake-up time and head for breakfast. Players cannot sleep in and miss any meals and/or camp sessions.
- 6. Players will be on time for all camp activities.

Violating these rules will result in immediate expulsion from camp, and the camper's responsibility will be all relevant transportation home. No refunds will be given.

Meals:

Three meals per day will be provided on campus at the university cafeterias. All players and coaches will eat together in Hill Hall for Breakfast and Dinner. Lunch will be served at the Howelsen Ice Arena.















Day Camper Information

Sunday Check-In:

Check-in time for all-day campers is from **3:00 pm** in the Howelsen Ice Arena.

Schedule:

Day Camper Check-in - 3:00pm Meet the Staff for Parents and Players - 3:30pm Group #1 Eval Skate - 6:00-7:00pm Group #2 Eval Skate - 7:15-8:15pm

Meals:

Day campers will be provided lunch and dinner Monday-Friday with the resident campers and all staff. (subject to change) Each player will receive a CMC lanyard with an attached meal card when check-in. This card is valid for all meals during the week. CMC will charge a \$5.00 replacement fee for all replacement cards.













Daily RMHS Selects Elite Camp Schedule

The daily RMHS Elite Camp schedule consists of 3 hours on-ice, 3 hours off-ice, and a Junior Hockey Seminar each day, and has been posted for your convenience below. Please click the link to download this file:

Resident Camper Sunday Schedule: Sunday Check-In and Evaluation Skates Resident Camper Check-in - 2:00pm (check-in at Howelsen Ice Arena first) Dorm Check-in Hill Hall - 4:00pm Day Camper Check-in - 3:00pm Meet the Staff for Parents and Players - 3:30pm Group #1 Eval Skate - 6:00-7:00pm Group #2 Eval Skate - 7:15-8:15pm Dinner - 5:00pm - Resident Campers Only

Group #1: Monday - Friday

Breakfast - 7:30AM Off-Ice - 8:00 - 9:00AM On-Ice - 10:00-11:15AM Lunch - 11:30AM - 12:15PM Classroom - 12:30-1:15PM Off-Ice - 1:30-2:15PM On-Ice - 2:30-3:45PM Team Building - 4:00 - 4:30pm Dinner - 5:00 - 6:00PM Specialty Ice - 7:45-8:45PM

Group #2: Monday - Friday

Breakfast - 7:30AM On-Ice - 8:30-9:45AM Off-Ice - 10:00-11:15AM Lunch - 11:30AM - 12:15PM Off-Ice - 3:30-4:30PM Classroom - 2:30-3:15PM On-Ice - 2:45 - 4:00PM Team Building - 4:15-4:45pm Dinner - 5:00 - 6:00PM Specialty Ice - 6:30-7:30PM

Saturday - July 1st - Final Schedule - RMHS Wolf Cup Games

Breakfast - 7:00am - (Resident Campers Only) Group #1 - 9:00am - Student Pick Up 10:45am

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303.409.2113









Most of this information, including the forms, can be found on the <u>RMHS Website</u>

If you have any questions, please feel free to contact us anytime. We would be more than happy to speak with you. See you soon!

Bryan Smith RMHS Owner/Director Rocky Mountain Hockey Schools 970.389.7211 - Cell Bryan.Smith@RMHShockey.com

RMHS is looking forward to a great week with the **RMHS Selects Camp.**

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