



RMHS Hockey Tour

The RMHS Selects will be traveling to Helsinki, Finland to participate in a 5-day European Training Camp, featuring 2.5 hours on-ice per day with Professional coaches, followed by the 3-day Finland Lions Cup, featuring Junior teams from Europe & North America.

European Training Camp

The ETC is a 6-day elite, European-style training camp from Saturday to Thursday that will take place in the Vierumäki Olympic Training Center (home of the Finnish Olympic Hockey Team). Team will participate on-ice sessions each day along with off-ice dryland training sessions.

All on-ice training sessions will be run by the RMHS Coaching staff. On August 7th the players have possibility to try the different activities that Vierumäki offers: Flow Park, Paintball etc..

Lions Cup

Finland Lions Cup will take place in rinks in and around Helsinki and will feature teams from Europe & North America. Beginning on Friday, the tournament will feature round-robin style games on Friday and Saturday, commencing with a playoffs and Awards Ceremony on Sunday. www.lionscup.fi



"The trip was awesome, everything about it was well organized and well done. The Vierumäki Center was absolutely amazing! Hats off to all if you for putting together an experience that will stay with us forever!"

© Dave, Mary & Josh Greune - Team Carolina, USA



Sample Itinerary

Day 1 / Friday / August 2

Depart to Europe

Day 2 / Saturday / August 3

Arrival in Helsinki Airport

Meet your tour escort & bus driver

Check-in to Vierumäki Olympic Centre

Players & Parents: Dinner included

Info session with your tour escort

Day 3 / Sunday / August 4

Breakfast included

2 x On-ice Practice, 1 x Off-ice

Players: Lunch & dinner included

Swimming, Finnish sauna etc

Day 4 / Monday / August 5

Breakfast included

2 x On-ice, 1 x Off-ice

Players: Lunch & dinner included

Parents: Day trip to Old Porvoo (extra fee)

Swimming, Finnish sauna etc

Day 5 / Tuesday / August 6

Breakfast included

1 x On-ice, 1 x Off-ice

Players: Lunch & dinner included

Exhibition game vs Finnish team

Day 6 / Wednesday / August 7

Breakfast included

Activity Day: Paintball etc (extra fee)

Players: Lunch & Dinner included

Parents: Day trip to city of Lahti (extra fee)

Day 7 / Thursday / August 8

Breakfast included

1 x On-ice, 1 x Off-ice

Players: Lunch included

Helsinki Sightseeing Tour

Free evening, dinner on own

Day 8 / Friday / August 9

Breakfast included

Finland Lions Cup, Games #1-2

Players: Lunch & Dinner included

Day 9 / Saturday / August 10

Breakfast included

Finland Lions Cup, Games #3-4

Players: Lunch & Dinner included

Day 10 / Sunday / August 11

Breakfast included

Finland Lions Cup, Playoffs

Players & parents: Lunch included

Finnish sauna & swimming

Free evening, dinner on own

Day 11 / Monday / August 12

Breakfast included, return flight

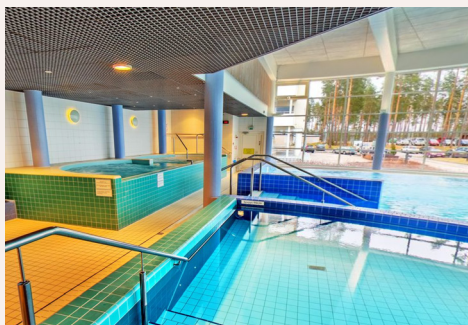


Hotels

5 nights / Vierumäki Olympic Training Centre

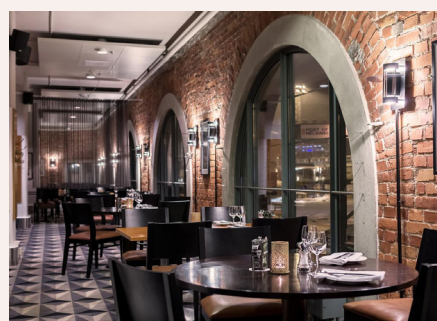
Set amidst beautiful lake scenery, Vierumäki is surrounded by 10,000 hectares of wilderness. Its location relatively close to Helsinki metropolis and next to the renowned sport city of Lahti is optimal.

Vierumäki is the official training centre for Finnish Olympic Team & Finnish Ice Hockey Federation and it offers numerous sports & leisure services from olympic size rinks to spa & fully equipped gym, and from golf courses to various restaurants.



4 nights / Hotel Scandic Grand Marina

4 star Hotel Scandic Grand Marina has a nice seaside location just 5min walk from Helsinki city center in an old warehouse building at lovely Katajanokka area. The hotel makes a perfect base for exploring Helsinki sights, shopping streets and attractions.





Tour package & Pricing

Tour Package Includes

- ✓ All bus transfers by first class buses
- ✓ Multilingual tour escort
- ✓ 9 night hotel accommodation
- ✓ Meals as marked on the itinerary
- ✓ Helsinki Sightseeing
- ✓ On & Off-Ice Practices
- ✓ 1 x Exhibition game
- ✓ Finland Lions Cup, min 5 games/ team
- ✓ All taxes

Tour Package Price

Player: \$2725.00

Family Member (single occupancy): \$2495.00

Family Member (double occupancy): \$2225.00

Family Member (triple occupancy): \$2025.00

Not included

- ✓ Flights
- ✓ Travel insurance

Extra services

- ✓ Extra hotel nights
- ✓ Extra meals
- ✓ Extra excursions

Meals

Players & coaches:

Daily buffet breakfast

Dinner Aug 3

Lunch & Dinner Aug 4-7

Lunch Aug 8

Lunch & Dinner Aug 9-10

Lunch Aug 11

Parents:

Daily buffet breakfast

Dinner Aug 3

Lunch Aug 11

“Traveling to Finland with RMHS was a once in a lifetime opportunity that we can't stop talking about! From the training at Vierumäki to the tournament in Helsinki, we had a friendly, healthy, and clean experience in a beautiful country!”

📍 Tiffani Muniz - Colorado, USA