



RMHS Hockey Tour

The RMHS Selects will be traveling to Helsinki, Finland to participate in a 5-day European Training Camp, featuring 2.5 hours on-ice per day with Professional coaches, followed by the 3-day Finland Lions Cup, featuring Junior teams from Europe & North America.

European Training Camp

The ETC is a 6-day elite, European-style training camp from Saturday to Thursday that will take place in the Vierumäki Olympic Training Center (home of the Finnish Olympic Hockey Team). Team will participate on-ice sessions each day along with off-ice dryland training sessions.

All on-ice training sessions will be run by the RMHS Coaching staff. On August 6th the players have possibility to try the different activities that Vierumäki offers: Flow Park, Paintball etc..

Lions Cup

Finland Lions Cup will take place in rinks in and around Helsinki and will feature teams from Europe & North America. Beginning on Friday, the tournament will feature round-robin style games on Friday and Saturday, commencing with a playoffs and Awards Ceremony on Sunday. www.lionscup.fi



“The trip was awesome, everything about it was well organized and well done. The Vierumäki Center was absolutely amazing! Hats off to all if you for putting together an experience that will stay with us forever!”

📍 Dave, Mary & Josh Greune - Team Carolina, USA



Sample Itinerary

Day 1 / Friday / July 31

Depart to Europe

Day 2 / Saturday / August 1

Arrival in Helsinki Airport

Meet your tour escort & bus driver

Check-in to Vierumäki Olympic Centre

Players & Parents: Dinner included

Info session with your tour escort

Day 3 / Sunday / August 2

Breakfast included

2 x On-ice Practice, 1 x Off-ice

Players: Lunch & dinner included

Swimming, Finnish sauna etc

Day 4 / Monday / August 3

Breakfast included

2 x On-ice, 1 x Off-ice

Players: Lunch & dinner included

Parents: Day trip to Old Porvoo (extra fee)

Swimming, Finnish sauna etc

Day 5 / Tuesday / August 4

Breakfast included

1 x On-ice, 1 x Off-ice

Players: Lunch & dinner included

Exhibition game vs Finnish team

Day 6 / Wednesday / August 5

Breakfast included

Activity Day: Paintball etc (extra fee)

Players: Lunch & Dinner included

Parents: Day trip to city of Lahti (extra fee)

Day 7 / Thursday / August 6

Breakfast included

1 x On-ice, 1 x Off-ice

Players: Lunch included

Helsinki Sightseeing Tour

Free evening, dinner on own

Day 8 / Friday / August 7

Breakfast included

Finland Lions Cup, Games #1-2

Players: Lunch & Dinner included

Day 9 / Saturday / August 8

Breakfast included

Finland Lions Cup, Games #3-4

Players: Lunch & Dinner included

Day 10 / Sunday / August 9

Breakfast included

Finland Lions Cup, Playoffs

Players: Lunch & Dinner included

Finnish sauna & swimming

Day 11 / Monday / August 10

Breakfast included, return flight

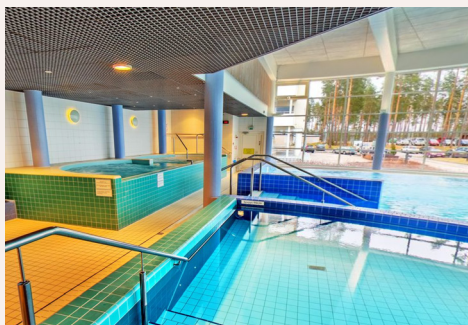


Hotels

5 nights / Vierumäki Olympic Training Centre

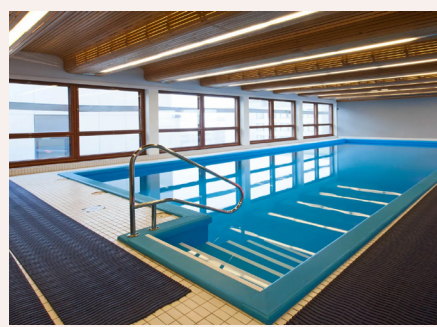
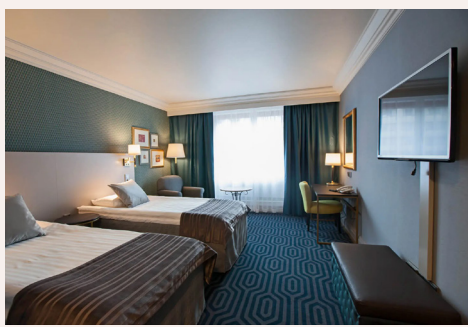
Set amidst beautiful lake scenery, Vierumäki is surrounded by 10,000 hectares of wilderness. Its location relatively close to Helsinki metropolis and next to the renown sport city of Lahti is optimal.

Vierumäki is the official training centre for Finnish Olympic Team & Finnish Ice Hockey Federation and it offers numerous sports & leisure services from olympic size rinks to spa & fully equipped gym, and from golf courses to various restaurants.



4 nights / Hotel Scandic Park

Scandic Park has a nice location right next to Helsinki city centre and close to excellent transport connections. An indoor pool & sauna on the top floor and a cozy restaurant ensure a successful visit. From here you can experience city sights even by foot. 20-25min by bus to tournament arena.





Tour package & Pricing

Tour Package Includes

- ✓ All bus transfers by first class buses
- ✓ Multilingual tour escort
- ✓ 9 night hotel accommodation
- ✓ Meals as marked on the itinerary
- ✓ Helsinki Sightseeing
- ✓ On & Off-Ice Practices
- ✓ 1 x Exhibition game
- ✓ Finland Lions Cup, min 5 games/ team
- ✓ All taxes

Tour Package Price per person

Player: \$2825.00

Family Member (single occupancy): \$2599.00

Family Member (double occupancy): \$2395.00

Family Member (triple occupancy): \$2225.00

Family Member (quad occupancy): \$2125.00

Not included

- ✓ Flights
- ✓ Travel insurance

Extra services

- ✓ Extra hotel nights
- ✓ Extra meals
- ✓ Extra excursions

Meals

Players & coaches:

Daily buffet breakfast

Dinner Aug 1

Lunch & Dinner Aug 2-5

Lunch Aug 6

Lunch & Dinner Aug 7-8

Dinner Aug 9

Parents:

Daily buffet breakfast

Dinner Aug 1

“Traveling to Finland with RMHS was a once in a lifetime opportunity that we can't stop talking about! From the training at Vierumäki to the tournament in Helsinki, we had a friendly, healthy, and clean experience in a beautiful country!”

📍 **Tiffani Muniz - Colorado, USA**